

# Dragon Baseball Philosophy

Team

No excuses

If you are not doing it right, you are doing it wrong (There is no in between)

Communicate

Cooperate

Make a positive contribution anyway you can

Do whatever it takes for as long as it takes to get the job done

Dominate

Make the “Big Time” where you are at

Persevere

Intensity

Goal: To help you become the best citizen/student/player you can be

## Expectations

### Off the Field

1. Be accountable/responsible
2. Social problems will be corrected/eliminated
3. Behave yourself (or become a problem child)
4. A neat appearance is expected at all times (Coaches are the judge)

### On the Field

1. No Distractions/No Excuses
2. Have Fun
3. Work Hard/Play Hard
4. No Spectators (You are students and caretakers of the game)
5. When you are on the field it is **baseball only**
6. No Hats on Backwards

### During Games

1. Only pitchers and catchers sit during games (sit near coaches)
2. 60 second rule (spring on and off the field, we will throw the first pitch of each inning 60 seconds after the third out was recorded)
3. 15 second rule (we will all be in the dugout 15 seconds after recording the third out in order to prepare to hit)
4. Hustle back to the dugout after an out
5. Sprint from the moment the ball is hit
6. Show only positive emotion (no head hanging or cursing)
7. All comments made during the game will be positive comments for you teammates

8. Be extremely intense and extremely intelligent
9. Be prepared on every pitch (A game can be determined at any time)

## **Competitors**

Think about who you consider to be great competitors. What qualities do they have? I think of guys who are relentless regardless of the score. I think about the guys who exert all of their energy toward their one goal, which is to not only win, but to see how they stack up against the best. Competitors are those that refuse to lose and do whatever it takes for as long as it takes to make sure that they themselves and their teammates are prepared to beat the best teams in the state.

One of the biggest reasons for the success of the college program that I was part of (17 consecutive conference championships etc) is the competitive nature of the coaching staff and the leaders on the team. After I had been at school for one practice I knew that the coaches and players on the team were people who I would want on my side when going to war. There is no time to feel sorry for yourself when you are a competitor. Feeling sorry for yourself means that you are not competing in a manner which will allow you to play at a championship level.

Starting today, being a Dragon baseball player means that you are willing and able to prepare yourself to play and compete at a championship level. We are looking for guys who we can take to war with us, guys who have no fear on the diamond and show it by their aggressive practice and game time mentalities in which they are relentless and intelligent.

We are looking for competitors!

## **Believe and Then See**

I am convinced that before you can see results, you must first believe!

This is an edited version of an assignment that I did for my Hall of Fame coach Scott Berry at Mayville State University, made to fit our situation here in Pine City.

I dream about a winning tradition. I dream about the Pine City Dragon baseball team being the team to beat with the other teams having to play their best game of the season just to have a chance to beat us. I dream about a team that rallies around one another in which their fundamental skills and mentality compliment each other to no end. I dream about a team that does not have any stars, just one single unit with a common goal. I dream about commitment and hard work, because without it any other dream is not possible. I dream about a team that does not get down on one another but picks each other up in times of need. I dream about a team that is rock solid, one that cannot be rattled, and one that the other team never feels they get the best of no matter what the score. I dream about a team that is relentless and fearless, willing to take on any team at any time. I dream about a team that is ready to dominate from pitch one. I dream about playing the best teams in the state and when we have them on the ropes, we become even more fearless and more aggressive and we drive the stake in for as long as we have left. I dream about a team that goes into the playoffs with a chip on its shoulders, ready to do whatever it takes for as long as it takes to win the subsection, section, and state championships. I dream about a team that has no doubts about their ability to dominate any team at the high school level. I dream about a celebration on the field when we record the last out to win the state championship. I dream about a team that believes that all of these dreams are possible through hard work and daily improvement.

**WE MUST FIRST BELIEVE AND THEN WE WILL SEE**

Coach Hasz

## **Dragon Baseball**

### **The 10 Commandments**

1. I believe in the Dragon Baseball Program
2. I treat teammates, coaches, opponents, and umpires with respect
3. I will speak positively about the Dragon baseball program at all times
4. I know that players play, coaches coach, and umpires umpire
5. I will be a “team” player
6. I will give an honest effort in everything I undertake
7. I will take pride in our field
8. I will take care of my uniform and equipment
9. I will uphold the high standards of our team in every way
10. I will have fun playing baseball the right way.

## **Pine City Dragon Baseball Covenant**

1. I will attend all baseball related activities and I will be on time
2. I will make every attempt possible to earn the respect of and show respect to others
3. I will not use alcohol/drugs/tobacco
4. I will know my role on the team and become a positive student/athlete representative for Pine City High School
5. I will communicate positively to other players, coaches and parents
6. I will work hard at all times, lead by example, and be responsible and accountable for my actions on and off the field
7. I will portray a caring and mature attitude
8. I will reflect upon and communicate about Dragon baseball in a positive fashion
9. I will be poised and mentally tough
10. I will make responsible and mature decisions regarding all social, academic, and athletic affairs, committing myself to becoming an outstanding citizen first, which will ultimately contribute to me becoming the best player I can be.

Being part of a team is very special and with it comes great responsibility. The leaders of this program are dedicated to making Pine City baseball the most respected program in the state in all regards. If you choose to be committed to this program and what it stands for please sign on the line below.

Respectfully committed,

Signature

## **Pine City Dragon Baseball**



**We do not work on fundamentals until we get them right.**

**We work until we can't get them wrong.**

